

# SENSE OF STYLE

Leave the stresses of everyday life behind with an escape to this relaxing Tuscan resort

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**A**round an hour's drive from Pisa, winding through Tuscany's beautiful natural landscape, the Sense Resort sits on a stretch of rugged coastline dotted with cypress and pine trees, contrasting against the azure Tyrrhenian Sea.

While sunbathing on the beach and swimming in the cool blue sea is undoubtedly the most relaxing element of a stay in this part of the country, the resort offers a range of experiences to provide a tonic to the stresses of London life.

The hotel retains inspirations from the 1960s, when the resort was first created, but it has since been updated – with its six buildings surrounding a central, spacious green area that features plenty of al fresco tables for easygoing lunches and dinners in the hotel's Dimorà restaurant, which serves a broad selection of European-inspired plates as well as set menus for a more leisurely dining experience. Comfortable, deep sofas with stunning views of the sea are perfect for enjoying classic cocktails

with a twist from the Red Rabbit bar; while the *Michelin Guide*-listed restaurant Eaté is where gastronomes should book – with ambitious tasting menus putting the spotlight on unusual flavour combinations and local produce alongside some excellent wine selections.



Rooms are minimalistic in style, with each designed to allow maximum sunlight to flood in. The best accommodation options are the executive suites, which boast their own secluded terraces and spacious baths – or one of the three villas, set on their own stretch of beach with private gardens complete with Jacuzzis. The villas are perfect for families, with two large bedrooms across a ground floor and mezzanine level.

Guests have much to explore and enjoy during their stay – including the five-hectare park in which the resort is located, offering shady spots to wander or cycle through (bicycles are available to borrow); the picturesque island of Elba, which sits out to sea on the horizon; daily, early evening yoga; and the nearby Rocca di Frassinello winery, which was born out of a joint venture between Castellare di Castellina and Domaines Baron de Rothschild-Lafite.

Designed by acclaimed architect Renzo Piano (who was the subject of a major exhibition at the Royal Academy in 2018), the winery was built to honour the stunning landscape of the Maremma area and the fields surrounding it, in which many objects from the ancient Etruscan civilisation were discovered.

As well as being a spectacular building worthy of admiring from the outside, the winery contains a striking, brutalist-style cellar filled with barrels that is almost like a modernist amphitheatre; as well as a small museum dedicated to some of the Etruscan treasures found in the vicinity. The wines themselves are well worth enjoying – including the acclaimed Baffonero, a 100 per cent merlot that has received a number of high-profile awards.

[thesenseresort.com](http://thesenseresort.com)